Edamame's Dinner Menu

served on Friday and Saturday evenings only

If you have ANY ALLERGY CONCERNS please alert your waitstaff BEFORE ORDERING !
Our staff can advise food choices with you and will make your concerns clearly known to the chef

(M)	***contains meat***	**(P)**	***is suitable for pescatarians (fish eating vegetarians)***
(G)	***gluten-free***	**(P)***	***can be made suitable for vegetarians ON REQUEST***
(G)*	***gluten-free ON REQUEST***	**(V)**	***is suitable for vegetarians (no meat, no fish)***

meat dishes (rice and soup NOT included)

chikin katsu チキンかつ (M)

fresh chicken breast fillet, breaded and deep fried, served with a fruity dipping sauce **£9.50**

chikin karaage チキンからあげ (M)

fresh chicken breast chunks, marinated in soy and ginger, and deep fried **£9.50**

tonkatsu とんかつ (M)

tender pork cutlet, breaded and deep fried, served with a fruity dipping sauce **£9.50**

shogayaki しょうがやき (M)

stir fried strips of pork loin marinated in soy and ginger **£9.50**

beef yakiniku 焼き肉 (M)

stir fry of thinly sliced beef steak marinated in garlic, spices and sesame **£12.50**

fish dishes (rice and soup NOT included)

satsumaage さつまあげ (G)* (P) *(is gluten-free without the chilli sauce)*

assorted pan-fried japanese fish cakes, served with edamame's home-made sweet chilli dipping sauce **£9.50**

ikanoshogayaki いかのしょうがやき (P) *(contains molluscs)*

*tender squid pieces, marinated in soy and ginger and stir fried (**can be made a little spicy for +50p**)* **£9.50**

samonbatayaki サーモンバターやき (G)* (P)

juicy chunks of fresh salmon fillet, pan-fried with butter and japanese seasoning **£14.50**

takoyaki たこやき (P) *(contains molluscs)*

octopus pieces in small "pancake balls", topped with seaweed powder, dried fish flakes and sauce **£7.00**

samon furai サーモンフライ (P)

large, fresh salmon fillet in japanese breadcrumbs, deep fried, served with a fruity dipping sauce **£14.50**

samon teri "えだまめ風" サーモンてり (P)

fresh salmon fillets, marinated and poached in "edamame-style" teriyaki sauce **£14.50**

vegetable dishes (rice and soup NOT included)

kinpira gobo きんぴらごぼう (V)

stir fried shredded burdock root, seasoned with sesame seeds and sweetened soy **£4.50**

amaitamagoyaki あまいたまごやき (G)* (P)*

omelette made with free range eggs, cooked with soy and sweetened wine seasoning **£8.50**

yasai tofu itame とうふ入りやさいいため (vegetable stir-fry) (G) (P)*

mixed vegetables with Japanese stock seasoning and stir fried with tofu chunks **£8.50**

bata horenso バターほうれんそう (G)* (P)*

baby spinach, pan fried lightly with butter and japanese seasoning **£5.50**

tofu steak とうふステーキ (V)

tofu slices cooked in "edamame's" sweetened soy, with grated mild mooli radish and leeks **£9.50**

agedashidofu あげだしとうふ (P)

crispy deep fried tofu chunks, served in "edamame's" sweetened soy, topped with grated mild mooli radish, dried fish flakes, chopped leeks and a little freshly-grated ginger **£9.50**

side orders

edamame えだまめ (G) (V) *our signature dish !*

delicious and addictive, succulent green baby soy beans - pop them from their pods and enjoy !
we highly recommend you try some as a starter while we prepare your other selections **£4.50**

tsukemono つけもの (G)* (V)

mixed pickled vegetables - a crunchy accompaniment to your meal **£4.50**

negi natto ねぎなっとう (G)* (P)* *(is gluten-free and vegetarian without the sauce)*

sticky, fermented soy beans, topped with a sprinkling of chopped leeks - an acquired taste for some ! **£3.50**

japanese rice ごはん (G) (V)

small bowl of rice - we recommend one bowl of rice per person, which is also used traditionally as a plate **£3.50**

miso soup みそしる (G) (P)*

traditional home-made miso soup, sprinkled with chopped leeks (regular or vegetarian soups available) **£3.50**

chilli sauce チリソース (P)

edamame's home-made sweet chilli dipping sauce, topped with a sprinkling of chopped leeks **£2.50**

We usually offer some specials to add to this dinner menu to add to your choices

An optional 10% service charge is added to all bills with your kind consent
All tips are gratefully received and shared equally by all the staff