

Edamame's Dinner Menu

served on Friday and Saturday evenings only

If you have ANY ALLERGY CONCERNS please alert your waitstaff BEFORE ORDERING !
Our staff can advise food choices with you and will make your concerns clearly known to the chef

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|--|---|
| (M) contains meat | (P) is suitable for pescatarians (fish eating vegetarians) |
| (G) gluten-free | (P)* can be made suitable for vegetarians ON REQUEST |
| (G)* gluten-free ON REQUEST | (V) is suitable for vegetarians (no meat, no fish) |

meat dishes (rice and soup NOT included)

chikin katsu チキンかつ **(M)**

fresh chicken breast fillet, breaded and deep fried, served with a fruity dipping sauce £8.50

chikin karaage チキンからあげ **(M)**

fresh chicken breast chunks, marinated in soy and ginger, and deep fried £8.50

tonkatsu とんかつ **(M)**

tender pork cutlet, breaded and deep fried, served with a fruity dipping sauce £8.50

shogayaki しょうがやき **(M)**

stir fried strips of pork loin marinated in soy and ginger £8.50

beef yakiniku 焼肉 **(M)**

stir fry of thinly sliced beef steak marinated in garlic, spices and sesame £10.50

fish dishes (rice and soup NOT included)

satsumaage さつまあげ **(G)* (P)** (is **gluten-free** without the chilli sauce)

assorted pan-fried japanese fish cakes, served with edamame's home-made sweet chilli dipping sauce £8.50

ikanoshogayaki いかのしょうがやき **(P)** (contains **molluscs**)

tender squid pieces, marinated in soy and ginger and stir fried (**can be made a little spicy for +50p**) £8.50

samonbatayaki サーモンバターやき **(G)* (P)**

juicy chunks of fresh salmon fillet, pan-fried with butter and japanese seasoning £12.50

takoyaki たこやき **(P)** (contains **molluscs**)

octopus pieces in small "pancake balls", topped with seaweed powder, dried fish flakes and sauce £6.50

samon furai サーモンフライ **(P)**

large, fresh salmon fillet in japanese breadcrumbs, deep fried, served with a fruity dipping sauce £12.50

samon teri "えだまめ風" サーモンてり **(P)**

fresh salmon fillets, marinated and poached in "edamame-style" teriyaki sauce £12.50

vegetable dishes (rice and soup NOT included)

kinpira gobo きんぴらごぼう (V)

stir fried shredded burdock root, seasoned with sesame seeds and sweetened soy £4.00

amaitamagoyaki あまいたまごやき (G)* (P)*

omelette made with free range eggs, cooked with soy and sweetened wine seasoning £7.50

yasai tofu itame とうふ入りやさしいため (vegetable stir-fry) (G) (P)*

mixed vegetables with Japanese stock seasoning and stir fried with tofu chunks £7.50

bata horenso バターほうれんそう (G)* (P)*

baby spinach, pan fried lightly with butter and japanese seasoning £4.50

tofu steak とうふステーキ (V)

tofu slices cooked in "edamame's" sweetened soy, with grated mild mooli radish and leeks £8.50

agedashidofu あげだしとうふ (P)

crispy deep fried tofu chunks, served in "edamame's" sweetened soy, topped with grated mild mooli radish, dried fish flakes, chopped leeks and a little freshly-grated ginger £8.50

side orders

edamame えだまめ (G) (V) *our signature dish !*

delicious and addictive, succulent green baby soy beans - pop them from their pods and enjoy !
we highly recommend you try some as a starter while we prepare your other selections £4.00

tsukemono つけもの (G)* (V)

mixed pickled vegetables - a crunchy accompaniment to your meal £4.00

negi natto ねぎなっとう (G)* (P)* (is gluten-free and vegetarian without the sauce)

sticky, fermented soy beans, topped with a sprinkling of chopped leeks - an acquired taste for some ! £3.00

japanese rice ごはん (G) (V)

small bowl of rice - we recommend one bowl of rice per person, which is also used traditionally as a plate £3.00

miso soup みそしる (G) (P)*

traditional home-made miso soup, sprinkled with chopped leeks (regular or *vegetarian* soups available) £3.00

chilli sauce チリソース (P)

edamame's home-made sweet chilli dipping sauce, topped with a sprinkling of chopped leeks £2.00

We usually offer some specials to add to this dinner menu to add to your choices