Lunch Menu (wednesdays - sundays)

(G) is gluten free (G)* is gluten free ON REQUEST (V) indicates suitable for vegetarians (P) indicates suitable for pescatarians (fish eating vegetarians) (P)* indicates vegetarian ON REQUEST our menu descriptions are brief, so please ask for more details, particularly if you have any food allergies

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chicken kara-age チキンからあげ定食 fresh chicken breast chunks, marinated in soy and ginger, and deep fried, served with rice and miso soup					£11.50	
pescatarian yasai tofu itame とうふ入りやさいいため定食 (gluten free) mixed vegetables with Japanese stock seasoning and stir fried with tofu chunks, served with rice and miso soup £1					£10.50 (G)(P)	
vegetarian yasai tofu itame as above using vegetarian stock, served with rice and vegetarian miso soup					£10.50 (G)(V)	
chicken katsu / pork				ty dipping sauce	£12.50	
salmon teri "えだまめ風" サーモンてり定食 fresh salmon fillets, marinated and poached in "edamame-style" teriyaki sauce, served with rice and miso soup						
pork CURRY / chicl breaded pork cutlet (or chic		·		erved with miso soup .	£12.50	
pork/chicken shoyu fresh wheat noodles, chunks		`	•	owl of soy based broth	£11.50	
pork/chicken miso r wheat noodles, seasoned mi		•		, ,	£12.50 (V)	
pork/chicken yakiso	oba (stir fried nood	lles) やきそば (みそ汁	付) veggie (with tofu ar	nd vegetarian miso sou	<i>up</i>) £12.50 (V)	
wheat soba noodles, stir fried with mixed vegetables, seaweed powder, pickled ginger, dried fish flakes, and served with miso soup pescatarian version (with tofu, fish flakes and soup) £12.50 (P) meat versions (with seasoned slices of pork or chicken) £12.50						
		side orde	ers			
edamame (G) (V) tsukemono (G)* (V) natto (G)* (P)* rice (G) (V) miso soup (G)*(P)*	mixed pickled vegetables, a crunchy accompaniment to your meal £4.00 G)* (P)* なぎなっとう sticky, fermented soy beans, topped with chopped leeks - an acquired taste for some £3.00 bowl of japanese 'sticky' rice £3.00					
		drinks	1			
asahi "super dry" 5 kirin "ichiban shib asahi "super dry" z wines ワイン choya 10% abv	d ice cold with frosted glas 2% abv Ori" 4.6% abv ero alcohol 0.0% abv fruity and aromataby plum wine imported from	ic Japanese-style plum wine	shot glass (50ml) £3.	bottle (330ml) can (330ml) 00 bottle (750ml)	£4.50 £4.50	
red // white 12% abv sake 酒 rice wine	good quality h	n Japan, sweeter than choya ouse wines at modest prices	glass (175ml) £4.			
` '	served warm in tokkuri flasi RIOR sake eg. MIO sp oft drinks are served with	parkling <i>(chilled)</i> , Hak	utsuru draft <i>(chilled)</i> ,]	, ,	5.00 / £11.00 um <i>(warm)</i>	
coca cola, diet coko iced tea (lemon, ras mineral water - spa	e, sprite, orange juice spberry or peach flavo arkling / still (500ml bottle s flavours subject to availabil	, apple juice	g cha imported tea from jaj	oan, served coldn	£3.00 bottle £3.00	