

Lunch Menu (wednesdays - sundays)

(V) indicates suitable for vegetarians - (P) indicates suitable for pescatorians (fish eating vegetarians)
 (P)* indicates can ON REQUEST be made suitable for vegetarians, (G) gluten free, (G)* gluten free ON REQUEST
 our menu descriptions are brief, so please ask for more details, particularly if you have any food allergies

chicken kara-age チキンからあげ定食

fresh chicken breast chunks, marinated in soy and ginger, and deep fried, served with rice and miso soup £8.50

pescatorian yasai tofu itame とうふ入りやさしいため定食 (gluten free)

diced carrots, mange toute, baby corn, oriental chives, beansprouts, tofu chunks, stir fried, served with rice and miso soup..... £8.00 (P)(G)

vegetarian yasai tofu itame as above using **VEGETARIAN STOCK**, served with rice and **vegetarian miso soup**..... £8.00 (V)(G)

chicken katsu / pork tonkatsu チキンかつ定食 (又はとんかつ定食)

fresh chicken breast fillet (or pork loin cutlet) in breadcrumbs, deep fried, with rice, miso soup and a fruity dipping sauce £9.50

salmon teri ”えだまめ風” サーモンteri定食

fresh salmon fillets, marinated and poached in “edamame-style” teriyaki sauce, served with rice and miso soup £12.00 (P)

pork CURRY / chicken CURRY カツカレー (又はチキンカツカレー) (みそ汁付)

breaded pork cutlet (or chicken breast) deep fried, on rice with our tasty home-made pork curry sauce, served with miso soup £10.00

pork/chicken shoyu ramen しょうゆラーメン (又はチキンからあげしょうゆラーメン)

fresh wheat noodles, chunks of pork (or deep fried chicken breast), bamboo shoots, and leeks in a large bowl of soy based broth £9.50

pork/chicken miso ramen (spicy, mild spicy + £1.00) みそ又はスパイシーみそラーメン **vegetarian version (with tofu)** ... £10.00 (V)

wheat noodles, seasoned minced pork (or chicken), mange toute, corn, carrots, bamboo shoots in large bowl of miso based broth..... £10.00

pork/chicken yakisoba (stir fried noodles) やきそば (みそ汁付) **veggie (with tofu, and vegetarian miso soup)** ... £10.00 (V)

wheat soba noodles, stir fried with mixed vegetables, seaweed powder, **pescatorian version (with tofu, fish flakes and soup)** ... £10.00 (P)

pickled ginger, dried fish flakes, and served with miso soup **meat version (with seasoned minced pork or chicken)**.... £10.00

side orders (all £2.00)

edamame (V)(G)	えだまめ	delicious and addictive green baby soy beans, our signature dish
tsukemono (V)(G)*	つけもの	mixed pickled vegetables, a crunchy accompaniment to your meal
salad (P)*	サラダ	mixed salad with a tasty savoury dressing, topped with toasted white sesame seeds
natto (P)* (G)*	ねぎなっとう	sticky, fermented soy beans, topped with chopped leeks (an acquired taste for some !)
rice (V)(G)	ごはん	bowl of japanese ‘sticky’ rice (£1.50 if ordered together with a ramen or soba dish)
miso soup (P)* (G)	みそしる	traditional home-made miso soup, (vegetarian version available)

drinks

beers ビール (served ice cold with frosted glasses)

lager - asahi “super dry” 5.2% abv	(brewed in Japan)	can (350ml)	£3.50
kirin “ichiban shibori” 4.6% abv	(brewed in UK)	bottle (330ml)	£3.50
black - köstritzer “black lager” 4.8% abv	(brewed in Germany)	bottle (330ml)	£3.50

wines ワイン

choya 10% abv	fruity and aromatic japanese plum wine	shot glass (50ml)	£2.00	bottle (750ml)	£21.00
ozeki umeshu 14.5% abv	superior plum wine with a richer taste than choya	shot glass (50ml)	£2.50	bottle (720ml)	£26.00
red // white 12% abv	great quality chilean wines at modest prices	glass (175ml)	£3.00	bottle (750ml)	£13.00

sake 酒 rice wine

ozeki “karakuchi” 15% abv served warm (or cold on request) in **tokkuri** flasks **small tokkuri (125ml) / large tokkuri(250ml)** £5.00 / £9.00
 please check the “SPECIALS” for SUPERIOR SAKE choices eg. MIO sparkling, Hakutsuru Draft

soft drinks

coca cola, diet coke, sprite, orange juice, apple juice, iced tea (lemon or peach flavours)	£1.50
mineral water - sparkling / still (500ml bottle) oolong cha imported tea, served cold	£2.00
calpis the popular, light and refreshing milky vanilla/citrus flavoured drink calpis soda calpis prepared with soda water	£2.00 / £2.50
ramune soda various flavours subject to availability (original, water melon, yuzu etc.) - from Japan, served in its distinctive bottle	£2.50
houji cha toasted green tea, served hot	£0.50